

FitLine®



Product Brochure

**Experience results.**



**FitLine Optimal-Set**  
**Get the Nutrients You Need - Every Day**

**FitLine Optimal-Set**

- 1x FitLine PowerCocktail (Portion Bags)
- 1x FitLine Restorate Citrus (Portion Bags)
- 30 Day Supply | Autoship |
- 1x FitLine Activize Oxyplus (Can)
- 1x FitLine Basics (Portion Bags)
- 1x FitLine Restorate Citrus (Can)
- 30 Day Supply | Autoship |

**FitLine Optimal-Set Family**

- 2 x FitLine PowerCocktail (Portion Bags)
- 2 x FitLine Restorate (Portion Bags)
- 30 Day Supply | Autoship |
- Additionally order up to 3x PowerCocktail Junior at a special discount - You will save over 65% on each.
- 30 Day Supply |

**FitLine Basics**  
**Your Daily Optimal Supply**

Your daily support to protect your cells<sup>1</sup> and your immune system<sup>2</sup>.  
 30 Day Supply |



**FitLine Activize**  
**Stay Focused<sup>3</sup>. Stay Energized<sup>4</sup>.**

For power<sup>3</sup>, energy<sup>4</sup> and concentration<sup>3</sup>.

**FitLine Activize Oxyplus**  
 30 Day Supply |

**FitLine Activize Sensitive**  
 30 Day Supply |

**FitLine Activize 2go**  
**Energy on-the-go**

A tasty choco-berry energy<sup>4</sup> bar for power<sup>3</sup> & concentration<sup>3</sup> support on-the-go.  
 12 Bars |

FITLINE OPTIMAL-SET



**FitLine PowerCocktail**  
**The Daily Dose to Kickstart Your Day**

The 2-in-1 solution for power<sup>1</sup>, energy<sup>2</sup>, concentration<sup>1</sup> and for your immune system<sup>3</sup>.  
 30 Day Supply, Portion Bags |



**FitLine Generation 50+**  
**Nutrients for the Generation 50+**

Additive to FitLine PowerCocktail.  
 30 Day Supply, Portion Bags |



**FitLine PowerCocktail Junior**  
**Daily Nutrients for Your Child**

For normal growth and normal development<sup>4/5</sup> of bone in children.  
 30 Day Supply |



**FitLine Restorate**  
**Supply of Minerals & Trace Elements**

- FitLine Restorate Citrus**  
 30 Day Supply, Portion Bags |
- FitLine Restorate**  
 30 Day Supply, Can |
- FitLine Restorate Exotic**  
 30 Day Supply, Portion Bags |

<sup>1</sup> Vitamin C contributes to the protection of cells from oxidative stress. <sup>2</sup> Rich in vitamin C and selenium - contribute to the normal function of the immune system. <sup>3</sup> Pantothenic acid contributes to normal mental performance. <sup>4</sup> Vitamin B1, B2, B5, B6, B12, C, Niacin, and Biotin contribute to normal energy-yielding metabolism.

<sup>1</sup> Vitamin B6 (Pyridoxin), vitamin B12 (Cobalamin) and vitamin C contribute to normal psychological function | <sup>2</sup> Rich in vitamin B6 and vitamin C - contributes to normal energy-yielding metabolism | <sup>3</sup> Rich in vitamin C and selenium - contribute to the normal function of the immune system. <sup>4</sup> Calcium is needed for normal growth and development of bone in children. <sup>5</sup> Vitamin D contributes to the normal function of the immune system in children.



# FITLINE SPORTS



50% PROTEIN

## FitLine Protein Max The Ultimate Protein Bar

An exclusive protein bar now with 50% protein.  
10 Bars |



30% PROTEIN

## FitLine Protein Protein Snack

Protein bar for the maintenance and growth in muscle mass<sup>1</sup> to support your training.  
10 Bars |



## FitLine ProShape® (Amino) Amino Acids Supply

Maintains and contributes to the increase of muscle mass<sup>2</sup>.  
30 Day Supply |



## FitLine Whey Protein Shake

Contributes to a growth in muscle mass<sup>2</sup>.  
30 Day Supply |

<sup>1</sup> High protein content, protein contributes to the maintenance of muscle mass and contributes to a growth in muscle mass. <sup>2</sup> Protein (amino acids) contributes to a maintenance and a growth in muscle mass.



## FitLine Fitness-Drink Fuel the Champion in You

Helps maintain your endurance<sup>1</sup> during prolonged exercise.  
15 Portion Bags | For 15 x ½ Liter



## FitLine PowerMeal Complete Meal Bar

Rich in vitamins and minerals, supporting energy<sup>2</sup> and high protein content<sup>3</sup>.  
12 Bars |



## FitLine Joint-Health Set Supporting Your Joints<sup>4</sup>

Takes care of bones and cartilage<sup>4</sup>.  
Set |  
FitLine Joint Health  
270 g |  
FitLine med Active Gel  
150 ml |

<sup>1</sup> Carbohydrate electrolyte solutions contribute to the maintenance of endurance performance during prolonged endurance exercise. <sup>2</sup> Vitamin B6, B12, contribute to normal energy-yielding metabolism. <sup>3</sup> High protein content - Protein contributes to the maintenance of muscle mass and contributes to a growth in muscle mass. <sup>4</sup> Vitamin C contributes to normal collagen formation for the normal function of bones and for the normal function of cartilage.

Complete meal for a convenient get-in-shape<sup>1</sup> solution.

# Get in Shape<sup>1</sup> Stay in Shape<sup>2</sup>




**Mousse au Chocolat<sup>3</sup>**  
13 Complete Meals |  
420 g |



**Bourbon Vanille<sup>3</sup>**  
13 Complete Meals |  
420 g |



**Cocos<sup>3</sup>**  
13 Complete Meals |  
420 g |



**Wild Berries<sup>3</sup>**  
13 Complete Meals |  
420 g |



**Chocolate<sup>3</sup>**  
13 Complete Meals |  
420 g |



**Mango<sup>3</sup>**  
13 Complete Meals |  
420 g |

**GO GREEN**  
OUR PLANT-BASED  
PROTEIN MEALS

FitLine ProShape 2Go

## One Bar, One Meal

Complete meal<sup>1</sup> with the same patented formulation and ingredients as the FitLine ProShape All-in-1.

**FITLINE PROSHAPE 2GO** >>>



White Choco Slim  
15 Bars |



Choco Slim  
15 Bars |



Choco Crunch  
Plant-Based Protein  
12 Bars |



## FitLine Cell Set Even. Firm. Sexy.

Unique combination for a firm skin appearance<sup>2</sup>.

Set |

FitLine Cell Capsules  
60 Capsules |

FitLine med Cell Lotion  
125 ml |



<sup>1</sup> Substituting two of the main daily meals of an energy restricted diet with meal replacements contributes to weight loss | <sup>2</sup> Substituting one of the main daily meals of an energy restricted diet with a meal replacement contributes to the maintenance of weight after weight loss | <sup>3</sup> Sweeteners from vegetable origins - Stevia\* (\*with steviol glycosides made from stevia).

<sup>1</sup> Substituting two daily meals of an energy restricted diet with meal replacements contributes to weight loss. | <sup>2</sup> Vitamin C contributes to normal collagen formation for the normal function of skin.





## FitLine microSolve<sup>®+</sup> HeartDuo Support Your Brain<sup>1</sup> & Heart<sup>2</sup>

Formulated with the worldwide exclusive microSolve<sup>®+</sup> technology FitLine microSolve<sup>®+</sup> Heart Duo combine plant-based high quality Omega 3 and Q10 in a perfect dose for a normal Brain<sup>1</sup> & Heart<sup>2</sup> function.

51ml |



## FitLine microSolve<sup>®+</sup> Omega 3 Support Your Brain<sup>1</sup>

Formulated with the worldwide exclusive technology FitLine microSolve<sup>®+</sup> Omega 3 contains high quality plant-based Omega 3 extracted from microalgae to support your brain<sup>1</sup> function.

51ml |



## FitLine microSolve<sup>®+</sup> Q10 Plus Supply Your Body with Q10

FitLine microSolve<sup>®+</sup> Q10 provide your body its daily dose of Q10.

30ml |



## FitLine microSolve<sup>®</sup> Isoflavon Support no Matter the Age

FitLine microSolve<sup>®</sup> Isoflavon made from the whole soy shoot and Vitamin D<sub>3</sub><sup>1</sup>.

100 ml |



## FitLine microSolve<sup>®</sup> Lutein For Your Vision<sup>2</sup>

FitLine microSolve<sup>®</sup> Lutein + Vitamin A - with Vitamin A for the contribution to the maintenance of normal vision<sup>2</sup>.

30 ml |

<sup>1</sup> Vitamin D contributes to the normal function of the immune system and normal blood calcium levels. | <sup>2</sup> Rich in vitamin A - contributes to the maintenance of normal vision.

<sup>1</sup> Contains DHA, which contribute to a normal brain function, from just 250mg a day. | <sup>2</sup> Thiamine contributes to the normal function of the heart.

Daily Drink



Instant Solution

FitLine Antioxy + FitLine IB5  
Daily Drink to Support Your Immune System<sup>1</sup> + Instant Solution for Your Body's Defenses<sup>3</sup>

For a normal function of the immune system<sup>1</sup> and daily antioxidants<sup>2</sup>.

60 Servings |

Complete your daily immune system support<sup>3</sup> with this on-the-spot product upgraded with Vitamin K<sub>2</sub>.

25 ml |



FitLine Basen Plus  
For Acid-Base Balance<sup>1</sup>

For a normal acid-base metabolism<sup>1</sup> in combination with FitLine Restorate.

30 Day Supply |



FitLine Munogen  
Supports the Formation of Blood Cells<sup>2</sup>

Synergistic combination of bioactive substances that contribute to normal red blood cell formation<sup>2</sup>, and normal blood formation<sup>2</sup>. Reduces tiredness and fatigue<sup>2</sup>.

30 Day Supply |



FitLine Activize® Power Drink  
Power<sup>4</sup> Drink

Support your normal energy level<sup>5</sup> with an ice cold drink.

6 x 250 ml |



FitLine Herbaslim Tea  
Your Comfort Drink

Ideal drink for cold days.

100 g |



FitLine Fruit Bar  
The Natural Snack

The snack made of natural fruits and cereals.

15 Bars |

FitLine Feel Good<sup>3</sup> Yoghurt  
Your Fresh Yoghurt

Easy to make natural yoghurt with 4 cultures.



FitLine Feel Good Yoghurt Drink

6 x 50,5 g | For 6 x 1L |



FitLine Feel Good Yoghurt

6 x 50,5 g |



FitLine Feel Good Yoghurt Maker

1 Piece |

<sup>1</sup> Vitamin C and Selenium contribute to the normal function of the immune system. <sup>2</sup> Contains Selenium, Vitamin E, Vitamin C which contribute to the protection of cells from oxidative stress. <sup>3</sup> Vitamin A, D and B12 contribute to the normal function of the immune system. <sup>4</sup> Thiamine contributes to the normal functioning of the nervous system and normal psychological function. <sup>5</sup> Thiamine, riboflavin, biotin, niacin, and pantothenic acid contribute to normal energy-yielding metabolism.

<sup>1</sup> In combination with FitLine Restorate - Rich in Zinc - Zinc contributes to normal acid-base metabolism. <sup>2</sup> Vitamin B6 and vitamin B12 contribute to normal red blood cell formation and reduce tiredness and fatigue. <sup>3</sup> Calcium contributes to the normal function of digestive enzymes.





**FitLine C-Balance**  
**Balance Your  
 Blood Sugar Levels<sup>1</sup>**

Worldwide exclusive composition to balance your blood sugar levels<sup>1</sup> and support your carbohydrate metabolism<sup>2</sup> to enjoy your life to the fullest.

30 Portion Bags |



**FitLine D-Drink**  
**Supports Liver Function<sup>3</sup>  
 and Metabolism<sup>4</sup>**

The 14-day allround program for a normal liver function<sup>3</sup> and macronutrient metabolism<sup>4</sup>

14 Portion Bags |



**FitLine Beauty**  
**Beauty from  
 Inside Out**

Drink yourself beautiful! Experience radiant skin<sup>5</sup>, beautiful hair<sup>6</sup> and nails<sup>6</sup>.

30 Day Supply |



**FitLine skin Cleansing Lotion & Tonic**  
**Totally Fresh!  
 Totally Clean!**

For an in-depth freshness, noticeably clean and visibly refined complexion.

**FitLine skin Cleansing Lotion**

200 ml |

**FitLine skin Tonic**

200 ml |



**FitLine skin Activize Serum**  
**Energy for Your  
 Skin**

Skin activating serum to vitalize the skin.

30 ml |



**FitLine skin 4ever**  
**Even! Radiant!  
 Beautiful!**

Rich 24-hour facial care against the 8 signs of skin aging.

50 ml |



**FitLine skin Young Care Set**  
**Just Be Yourself!**

The perfect care for young skin up to 30 years! Experience silk-soft and balanced skin.

Set |

**FitLine skin Young Care  
 Cleansing Foam**

150 ml |

**FitLine skin Young Care  
 Peeling Mask**

100 ml |

**FitLine skin Young Care  
 Balancing Cream**

50 ml |



<sup>1</sup> Chromium contributes to the maintenance of normal blood glucose levels. | <sup>2</sup> Zinc contributes to normal carbohydrate metabolism. | <sup>3</sup> Choline contributes to the maintenance of normal liver function. | <sup>4</sup> Zinc contributes to normal macronutrient metabolism. | <sup>5</sup> Vitamin C contributes to normal collagen formation for the normal function of the skin. | <sup>6</sup> Vitamin C, biotin, zinc, riboflavin, and niacin contribute to maintaining normal skin, hair, and nails.



### FitLine skin Triple Lift Set Turn Back Time

Triple Lift Set consists of Ultimate Young & 4ever. Immediate, medium and long-term effects.

Triple Lift Set |

FitLine skin Ultimate Young

3 minute lifting with skin tone matcher.

15 ml |



### FitLine skin Eye Care Radiant Moments

Experience a look full of youthful freshness.

15 ml |



### FitLine skin Hydrating-shot mask Unmask Your Beauty

Give it a shot at any time - whenever your skin needs that special hydration boost!

4x25 ml |



NEW



NEW

### FitLine Men+ Support Your Testosterone Levels<sup>1</sup>

Support your testosterone levels<sup>1</sup> and hormonal activity<sup>2</sup> with this special combination of vitamins, minerals, and natural ingredient extracts.

30 Day Supply |

### FitLine Men Face Strong Skin. Strong You.

Unleash the power of your skin with the all new Men Face – your ultimate companion for a youthful, fresh and powerful look.

50 ml |



### FitLine skin Men 2-in-1 Shower Gel Daily Energy Boost

Innovative 2-in-1 care products for demanding men's skin.

200 ml |

<sup>1</sup> Zinc contributes to the maintenance of normal testosterone levels in the blood. <sup>2</sup> Vitamin B6 contributes to the regulation of hormonal activity.



## FitLine med For Special Skin & Hair Requirements

### FitLine microSolve® Hair+ Set For Your Hair<sup>1</sup>



FitLine microSolve® Hair+  
100 ml |

FitLine med microSolve® Hair+  
100 ml |

# 1 PHASE

FitLine microSolve® Hair+  
Phase I

2x FitLine microSolve® Hair+  
1x FitLine med microSolve®  
Hair+

In the first 90 days of use  
Set |

# 2 PHASE

FitLine microSolve® Hair+  
Phase II

1x FitLine microSolve® Hair+  
1x FitLine med microSolve®  
Hair+

After 90 days of use  
Set |

<sup>1</sup> Biotin contributes to the maintenance of normal hair.



### FitLine med Q10 Oxy Repair Face Intensive Face Care

24-hour face care for stressed  
and sensitive skin.

50 ml |



### FitLine med Q10 Oxy Repair Body Intensive Body Care

Body lotion for dehydrated and  
sensitive skin.

150 ml |



### FitLine med Q10 Oxy Repair Hands Intensive Hand Care

Unique protective and caring handcream,  
especially for stressed and sensitive skin.

75 ml |



### FitLine med Clear Skin Pure. Clear. Radiant.

Effective 3-phases concept to support a clean,  
fresh and pure skin.

30 ml |



### FitLine med Q10 Oxy Repair Intensive For Special Skin Support

Intensive care for irritated and stressed skin.

15 ml |

<sup>1</sup> Vitamin C contributes to normal collagen formation for the normal function of skin.

<b>FitLine</b>									
FitLine PowerCocktail	X	X	X	X	X			X	
FitLine Generation 50+	X	X	X	X	X		X	X	X
FitLine Basics	X	X	X	X	X			X	
FitLine Activize Oxyplus	X	X	X	X	X				X
FitLine Activize Sensitive	X	X	X	X	X				X
FitLine Activize 2go	X	X	X	X	X				
FitLine Restorate Citrus	X	X		X	X				
FitLine Restorate Exotic	X	X		X	X				
FitLine PowerCocktail Junior	X	X			X		X	X	
FitLine Protein Max	X				X		X	X	
FitLine Protein	X				X	X		X	
FitLine ProShape® (Amino)	X	X	X	X	X		X		X
FitLine Whey	X	X			X	X			X
FitLine Fitness-Drink	X	X	X	X	X				
FitLine PowerMeal	X				X	X		X	
FitLine Joint Health	X	X		X					X
FitLine Cell Capsules	X	X		X			X		X
FitLine ProShape All-in-1 Mousse au Chocolat	X	X			X	X		X	
FitLine ProShape All-in-1 Bourbon Vanille	X	X			X	X		X	
FitLine ProShape All-in-1 Cocos	X	X			X	X		X	
FitLine ProShape All-in-1 Wild Berries	X	X			X	X		X	
FitLine ProShape All-in-1 Chocolate	X	X	X	X	X	X		X	
FitLine ProShape All-in-1 Mango	X	X	X	X	X	X		X	
FitLine ProShape 2 go White Choco Slim	X					X		X	
FitLine ProShape 2 go Choco Slim	X				X	X		X	
FitLine ProShape 2 go Choco Crunch	X		X	X	X	X		X	
FitLine D-Drink	X	X		X					X
FitLine microSolve® Isoflavon	X	X	X	X	X		X		X
FitLine microSolve® Lutein + Vitamin A	X	X	X	X	X		X		X
FitLine microSolve®+ HeartDuo	X	X	X	X			X		X
FitLine microSolve®+ Q10	X	X	X	X	X		X		X
FitLine microSolve®+ Omega 3	X	X	X	X	X		X		X
FitLine Zellschutz (Antioxy)	X	X	X	X	X				

<sup>1</sup> In our Vegan FitLine products we accept: Lactic acid cultures from plant agars which do not contain any animal products; Products from mushroom and bacteria cultures. <sup>2</sup> Ingredients from vegetable sources, from milk and milk products, lactic acid cultures, products from fungi and bacteria cultures, honey etc. Compliant with the rules of the EVU.

FitLine IB <sup>5</sup>	X	X		X	X		X		X
FitLine Munogen	X	X	X	X	X		X		X
FitLine Basen Plus	X	X	X	X	X				
FitLine Activize® Power Drink	X	X	X	X	X				
FitLine Feel Good Yoghurt-Drink	X	X			X	X			X
FitLine Feel Good Yoghurt	X	X				X			X
FitLine Herbaslim Tea	X		X	X	X		X		
FitLine Fruit Bar	X				X				X
FitLine C-Balance	X	X	X	X	X		X	X	X
FitLine Beauty	X	X		X		X	X	X	X
FitLine microSolve® Hair+	X	X	X	X	X		X		X
FitLine Men+	X	X	X	X	X			X	X
<b>FitLine skin</b>									
FitLine skin Ultimate Young	*	X	X		X				
FitLine skin 4ever	*		X		X				
FitLine skin Activize Serum	*				X				
FitLine skin Eye Care	*		X		X				
FitLine skin Hydrating-Shot Mask	*	X	X		X				
FitLine skin Young Care Cleansing Foam	*	X	X		X				
FitLine skin Young Care Peeling-Mask	*	X	X		X				
FitLine skin Young Care Balancing Cream	*	X	X		X				
FitLine skin Cleansing Lotion	*	X	X		X				
FitLine skin Tonic	*		X		X				
FitLine skin 2-in-1 Shower Gel	*	X	X		X				
FitLine Men Face	*	X	X	X	X				
<b>FitLine med</b>									
FitLine med Q10 Oxy Repair Intensive	*	X	X		X				
FitLine med microSolve® Hair+	*	X	X		X				
FitLine med Q10 Oxy Repair Face	*		X		X				
FitLine med Q10 Oxy Repair Body	*		X		X				
FitLine med Q10 Oxy Repair Hands	*		X		X				
FitLine med Cell Lotion	*		X		X				
FitLine med Clear Skin	*	X	X		X				
FitLine med Active Gel	*				X				

<sup>1</sup> In our Vegan FitLine products we accept: Lactic acid cultures from plant agars which do not contain any animal products; Products from mushroom and bacteria cultures. <sup>2</sup> Ingredients from vegetable sources, from milk and milk products, lactic acid cultures, products from fungi and bacteria cultures, honey etc. Compliant with the rules of the EVU.  
\* Without preservatives according to European Cosmetics Regulation; stabilized by multifunctional ingredients.



FitLine Products

# Best Results, Highest Quality and Maximum Safety



## Best Results: The Nutrient Transport Concept - NTC®

The exclusive Nutrient Transport Concept (NTC®) delivers the nutrients exactly when they are needed and where they are needed - to the cellular level, from inside and out. In the FitLine nutritional supplement products the Nutrient Transport Concept, NTC, supports optimized nutrient intake so increasing nutrients' bioavailability. The FitLine cosmetic products support the skin's natural regeneration processes. With FitLine you will feel and experience results on a daily basis that will thrill you.



## Highest Quality

For us, premium stands for transparency and quality. Therefore, our products are "Made in Germany" and produced according to GMP, a standard of the pharmaceutical industry. Our product quality is tested regularly and independently by ELAB Analytik GmbH.



## Maximum Safety

FitLine offers maximum safety by having all our products tested regularly and independently by ELAB Analytik GmbH. We are committed to clean sports, therefore all our nutritional supplements are listed on the Cologne List\*.

\* All the FitLine nutritional supplement products are on the Cologne List\*. That list publishes products that have been tested by one of the World's leading laboratories for analyzing nutritional supplements for doping substances. More information can be found under: [www.koelnerliste.com](http://www.koelnerliste.com)



## An Information by ELAB Analytik GmbH (Issue 03/2017)



ELAB Analytik GmbH, a professional laboratory service provider, has successfully been working in the food, water and environmental analytics field as well as medical laboratory services for many years. The regular and independent analytics of selected parameters, conducted by ELAB Analytik GmbH on a regular basis, complement the manufacturer's own product controls. The quick and accurate analysis of a wide variety of samples as well as the expert advice from clients are among our most key business skills.



Simple. Successful.

## PM-International AG

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